

Course Programme - 2017



ARMY INSHORE SAILING TRAINING CENTRE (SOUTH)

Thorney Island
Hampshire, PO10 8DS

Website: www.sailarmy.co.uk



Army Sailing Association



Dinghy



Windsurfing



Powerboating



Kitesurfing

The Army Inshore Sail Training Centre is the premier inshore water sports training centre for the Army delivering courses and support for competition. The Centre can offer practical courses, multi-activity packages and theory courses to Service Personnel. Please contact the water sports team for details.

Email: sailarmy@btconnect.com

Telephone (Mil): 94295 8315 - (Civil): 01243 388315

Course Bookings

AISTC-Office@btconnect.com



[Army Inshore Sailing](https://www.facebook.com/ArmyInshoreSailing)

See us on face-book



www.sailarmy.co.uk

or on the web



[@ArmyDinghy](https://twitter.com/ArmyDinghy)

and on Twitter

The Army Inshore Sail Training Centre (South)

The Army Inshore Sail Training Centre (South) is on Baker barracks, Thorney Island in Chichester harbour, on the south coast of the England. This allows the Centre to sail in Chichester Harbour, or windsurf and kitesurf at a premier site off Hayling Island. The Centre is an Army Sailing Association (ASA) affiliated training centre and anyone attending a course at the centre must be a personal member of the ASA. You can join by following the membership directions on the [ASA website](#).

Starting in the spring the Centre delivers the practical courses in dinghy sailing (including keelboat and multi-hull), windsurfing, powerboating and kitesurfing from basic courses to instructor awards. On light wind days, we run Stand Up Paddleboard courses for those at the Centre for no extra cost. We provide excellent equipment across the disciplines and all hire costs are included in the course fee.

We are open for Army Reserve unit training and individual recreational sailing at weekends during the season. Please contact the Centre for details.

The Centre uses the national governing bodies of the Royal Yachting Association, British Stand Up Paddleboard Association and the British Kite Sports Association to ensure it provides internationally recognised courses. Course publications and certificate costs are included in the course fees.

ASA Membership - £10 per annum (Direct Debit)

Practical Courses:

Dinghy, Windsurfing - £25 - £50 + accommodation if required
Power-boating - £100 + accommodation if required
Multi- Activity package - £10 per day per head + accommodation if required
Kite-surfing - £50 - £100 + accommodation if required
Instructor courses - £50-£100 + accommodation if required

Theory courses:

RYA First Aid - £ 40
Marine VHF Radio SRC - £ 100

Interactive online courses:

Safe & Fun Safeguarding - £7
Professional Practices and responsibilities £30
Marine VHF (SRC) less practical - £40
Essential Navigation & Seamanship - £55
CEVNI Test - £15
Cruising Instructor pre-course assessment £5

Accommodation fees:

Course personnel - £6 per night
Weekend rates for all ASA members - £25 for twin room with en suite, £25 three bed room, £35 five bed family room

COURSES 2017 – ALL DISCIPLINES

DINGHY COURSES

Which BASIC SAILING course is right for you?

	LEVEL 1	LEVEL 2	LEVEL 3 – Better Sailing
	Introducing you sailing with all you need to know to get afloat under supervision	Setting out the foundations of sailing for you	Consolidating skills and trying new ones
Assumed knowledge	None	Sailing skills to the standard of Level 1	Sailing skills to the standard of Level 2
Minimum duration	2 days	2 days, but is often combined with the Level 1 course into a 4 or 5-day course	2 days or equivalent
Minimum age	18	18	18
Course content	How to sail in all directions, including an awareness of launching and recovering	Rigging, launching, sailing in all directions. Capsize recovery and essential safety knowledge	Coaching of level 1 and 2 skills and taster sessions from the advanced modules
Ability after course	Able to sail a single-handed dinghy in light winds under supervision	Able to sail and make decisions in good conditions	More confident in sailing skills and techniques, and ready to progress onto the advanced modules

RYA LEVEL 2

*Introducing you to sailing with all you need to know to get afloat under supervision
Setting out the foundations of sailing for you.*

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
D01/17	8-12 May	5 days	£50	
D02/17	22-26 May	5 days	£50	
D03/17	5-9 Jun	5 days	£50	
D04/17	12-16 Jun	5 days	£50	
D05/17	19-23 Jun	5 days	£50	
D06/17	26-30 Jun	5 days	£50	
D07/17	10-14 Jul	5 days	£50	
D08/17	24-28 Jul	5 days	£50	
D09/17	31 Jul – 4 Aug	5 days	£50	
D10/17	7-11 Aug	5 days	£50	
D11/17	4-8 Sep	5 days	£50	
D12/17	18-22 Sep	5 days	£50	
D13/17	25-29 Sep	5 days	£50	
D14/17	2-6 Oct	5 days	£50	

RYA LEVEL 3 – BETTER SAILING		<i>Consolidating skills and trying new ones</i>			
Course Number:	Course Dates:	Duration:	Costs:	Remarks:	
D15/17	2/3 May	2 days	£25		
D16/17	5/6 Jun	2 days	£25		
D17/17	3/4 Jul	2 days	£25		
D18/17	11/12 Sep	2 days	£25		

DINGHY ADVANCED COURSES					
<i>Which ADVANCED course is right for you?</i>					
	SEAMANSHIP SKILLS	DAY SAILING	SAILING WITH SPINNAKERS	RACING	PERFORMANCE SAILING
	How to handle a boat in all circumstances and solve problems afloat	Passage planning and decision making for small boat cruising	Everything you need to know about sailing with conventional or asymmetric spinnakers	Learning the fundamentals of racing and improving your racing technique and knowledge.	Improve your boat handling and confidence in performance dinghies
Assumed knowledge	Sailing skills to the standard of the Level 3 course	Skills and background knowledge to at least the standard of the Level 3 course	Sailing and background knowledge to the standard of the Level 3 course	Sailing skills to the standard of the Level 2 course	Competent boat handling - probably at least one full season after completing Level 3
Minimum duration	2 days	2 days	2 days	2 days	2 days
Course content	Launching and recovering the boat in different circumstances, stopping, reducing sail, recovering a man overboard, anchoring	Preparing and planning for a day cruise, pilotage and decision making including adverse conditions	How to rig the boat, gybe and recover one type of spinnaker, either conventional or asymmetric. How to sail the best possible course downwind	All the skills required to start club racing, including how to maximise boat speed and outwit your opponents.	Coaching to improve your sailing, primarily in two person boats with spinnakers
Ability after course	Able to handle a wide range of situations afloat	Able to plan and execute a cruise, depending on conditions	Able to use one type of spinnaker, conventional or asymmetric	Able to take part in club racing in good conditions	Able to sail faster and more efficiently in all conditions

SAILING WITH SPINNAKERS		<i>Everything you need to know about sailing with conventional or asymmetric spinnakers</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
D19/17	4/5 May	2 days	£25	
D20/17	7/8 Jun	2 days	£25	
D21/17	5/6 Jul	2 days	£25	
D22/17	13/14 Sep	2 days	£25	

SEAMANSHIP SKILLS		<i>How to handle a boat in all circumstances and solve problems afloat</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
D23/17	Demand led Please contact the centre	2 days	£25	

DAY SAILING		<i>Passage planning and decision making for small boat cruising</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
D24/17	1/2 Jun	2 days	£25	

RACING		<i>Racing at Club level</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
D25/17	Demand led Please contact the centre	2 days	£25	

PERFORMANCE		<i>Improve your boat handling and confidence in performance dinghies</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
D26/17	Demand led Please contact the centre	2 days	£25	

CONVERSION COURSES

Ready to convert your sailing skills to different hull designs?

	MULTI-HULL 2-day course designed for the mono-hull sailor who already has a sound knowledge of sailing and wishes to transfer their skills to a catamaran	KEEL BOAT 2-day course designed for the dinghy sailor who already has a sound knowledge of sailing and wishes to transfer their skills to a keel boat.
Assumed knowledge	Sailing and background knowledge to the standard of the Level 2 course	Sailing and background knowledge to the standard of the Level 2 course
Duration	2 days	2 days
Course content	Rigging, launching, sailing in all directions. Capsize recovery and essential safety knowledge. Focusing on crew weight, aerodynamics and technique.	Introduction to the five essentials of sailing: Balance, Trim, centreplate, sail setting and course made good.
Ability after course	Able to sail at Catamaran and make decisions in good conditions	Sailing confidently without the instructor onboard; ready to skipper a keelboat on the sea in familiar waters and practice your new found skills!

MULTI-HULL		<i>How to handle a catamaran in inshore waters</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
D27/17	Demand led Please contact the centre	2 days	£25	

KEEL BOAT		<i>Setting sails and making way</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
D28/17	30/31 May	2 days	£25	

POWERBOAT COURSES

Which course is right for you?

Level 2

This two-day course provides the skills and background knowledge needed to drive a powerboat and is the basis of the International Certificate of Competence. It is available to those who are engaged in water sports and need to provide safety boat cover for their sport. This qualification qualifies them to helm but a qualified Safety Boat operator in the boat is required to operate safely.

It includes close quarters handling, high speed manoeuvres, man overboard recovery and collision regulations. View our online brochure [here](#)

Assumed knowledge	None. May be preceded by Level 1
Minimum duration	2 days
Minimum age	18
Course content	Launching and recovery, boat handling, securing to a buoy, anchoring, leaving and coming alongside, man overboard
Ability after the course	Self-sufficient powerboater in the right conditions, aware of own limitations and those of craft

POWERBOAT LEVEL 2

This course gives the skills to drive boats in support of other water sports

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
P01/17	6/7 Mar	2 days	£100	
P02/17	13/14 Mar	2 days	£100	
P03/17	10/11 Apr	2 days	£100	
P04/17	22/23 May	2 days	£100	
P05/17	1/2 Jun	2 days	£100	
P06/17	21/22 Aug	2 days	£100	
P07/17	29/30 Aug	2 days	£100	
P08/17	9/10 Oct	2 days	£100	

Safety Boat

This two-day course provides the skills required when acting as an escort craft, safety boat or coach boat for a fleet of dinghies, windsurfers or canoes, or for racing or training activities.

It includes rescue techniques and elements of race management and mark laying.

View our online brochure [here](#)

Assumed knowledge	Basic understanding of sailing boats and windsurfers. RYA Powerboat Level 2 certificate must be held prior to this course and the student must be current and competent with that skill to the extent that boat handling is instinctive. Unsupervised continuation training is available prior to the course where students take a RIB out to hone their skills. This costs £20 per day. It is strongly recommended that candidates hold a first aid certificate and a VHF/SRC operator's certificate.
Minimum duration	2 days
Minimum age	18
Course content	Preparation, boat handling, dinghy rescue, windsurfer rescue, kayak or canoe rescue (can be covered as theory), towing, end-of-day procedures, safety, suitability of craft, local factors, communication, rescuing other water users
Ability after the course	Able to provide safety or support cover to a range of craft, particularly sailing or windsurfing

SAFETY BOAT		<i>This two-day course provides the skills required when acting as an escort craft, safety boat or coach boat for a fleet of dinghies, windsurfers or canoes, or for racing or training activities</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
P09/17 SB	12/13 Apr	2 days	£100	
P10/17 SB	4/5 Sep	2 days	£100	

Intermediate

This course covers the practical use of pilotage and passage planning by day on coastal waters using both traditional and electronic navigational techniques.

During the two days you also cover more advanced boat handling. It is recommended for anyone considering moving on to the Advanced course.

Assumed knowledge	Boat handling to the standard of the Level 2 course with a coastal endorsement. Knowledge to the level of Day Skipper theory is recommended. It is strongly recommended that candidates hold a first aid certificate and a VHF/SRC operator's certificate.
Minimum duration	2 days
Minimum age	18
Course content	Planning a day cruise, boat preparation, boat handling, pilotage, passage making, man overboard
Ability after the course	Able to plan and execute short coastal passages by day

INTERMEDIATE		<i>This course covers the practical use of pilotage and passage planning by day on coastal waters using both traditional and electronic navigational techniques.</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
P11/17 INT	25/26 May	2 days	£100	
P12/17 INT	21/22 Jun	2 days	£100	
P13/17 INT	13/14	2 days	£100	

Advanced

This course is for leisure and professional boaters wanting to undertake more adventurous trips.

It includes navigation by day and night, weather and other aspects of skippering a small boat on more challenging passages in coastal waters. Anybody undertaking this course must have the practical skills of the Intermediate course and knowledge of navigation to at least the standard of the Day Skipper shore-based course.

Assumed knowledge	Candidates should be competent to the standard of the Intermediate Powerboat Certificate with navigation and chart-work to the level of Coastal Skipper/RYA Yachtmaster certificate. It is strongly recommended candidates hold a VHF/SRC operators certificate.
Minimum duration	2 days including at least 1 night navigation exercise
Minimum age	18
Course content	Preparation for sea, boat handling, passage making and responsibility as skipper, pilotage, meteorology, rules of the road, use of engines, emergency situations, night cruising
Ability after the course	Able to plan and execute coastal trips and return to a familiar port by night

ADVANCED

This course is for leisure and professional boaters wanting to undertake more adventurous trips.

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
P14/17 ADV	9/10 Feb	2 days	£100	
P15/17 ADV	9/10 Nov	2 days	£100	

WINDSURFING COURSES

Which course is right for you?

	START WINDSURFING	INTERMEDIATE (NON-PLANING)	INTERMEDIATE (PLANING)	ADVANCED
	A course for complete beginners	Introducing you to our Fastfwd coaching technique, helping you fine tune basic skills and make your windsurfing faster and more fluid	The second part of the Intermediate course, building on your skills to get the board planing.	Additional clinics help you master dynamic transitions, advanced planing techniques, the waterstart and infamous planing gybe
Assumed knowledge	None	The Start Windsurfing course. Should be able to sail on all points of sailing in light winds	At the practical level of the start windsurfing ability. You should be able to sail on all points of sailing in light winds.	Competent Intermediate level with the ability to sail in footstraps and harness in planing conditions
Minimum duration	8-10 hours	8-10 hours	8-10 hours	8-10 hours
Course content	Teaches you the basics of windsurfing using the right equipment	New techniques such as the beachstart and harness work will get you ready for the excitement of blasting control. Beachstarting and gybing are taught either as a separate clinic or within the course, tailored to an individual's needs and the teaching environment	New techniques such as faster tacks, use of the harness and getting in the foot straps. Beach starting and the basic technique of the carve gybing are also taught within this course or as separate clinics, tailored to suit individual's needs and the environment.	Dynamic transitions, advanced planing techniques and waterstarts are broken down and simplified, backed up with relevant theory. Waterstarting, carve gybing and other advanced skills such as advanced carving and bump and jump
Ability after course	Able to sail to a chosen point on the water and return to where you started from in light winds	Able to sail on all points of sailing in stronger winds, using beachstarts and faster tacking and gybing	Can sail on all points of sailing in a variety of conditions using faster tacks and the harness. As you progress through this level, you will also be able to use the foot straps and understand the beginnings of a carve gybe.	Improved blasting control to aid early planing, tacking on a variety of boards in varying conditions. Additional clinics help you master the waterstart and infamous planing gybe

START		<i>A course for complete beginners</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
W01/17	8-12 May	5 days	£50	
W02/17	22-26 May	5 days	£50	
W03/17	5-9 Jun	5 days	£50	
W04/17	12-16 Jun	5 days	£50	
W05/17	19-23 Jun	5 days	£50	
W06/17	26-30 Jun	5 days	£50	
W07/17	3-7 Jul	5 days	£50	
W08/17	10-14 Jul	5 days	£50	
W09/17	24-28 Jul	5 days	£50	
W10/17	31 Jul-4 Aug	5 days	£50	
W11/17	7-11 Aug	5 days	£50	
W12/17	4/5 Sep	2 days	£25	
W13/17	18-22 Sep	5 days	£50	
W14/17	25-29 Sep	5 days	£50	
W15/17	1-6 Oct	5 days	£50	

INTERMEDIATE		<i>Introducing you to our Fastfwd coaching technique, helping you fine tune basic skills and make your windsurfing faster and more fluid</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
W16/17 INT	18-21 Apr	4 days	£50	
W17/17 INT	12-16 Jun	5 days	£50	
W18/17 INT	10-14 Jul	5 days	£50	
W19/17 INT	14-18 Aug	5 days	£50	
W20/17 INT	18-22 Sep	5 days	£50	

ADVANCED		<i>For those that need to polish their windsurfing skills and learn new moves.</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
W21/17 INT	25-29 Sep	5 days	£50	
W22/17 INT	23-27 Oct	5 days	£50	

KITE SURFING COURSES

Which course is right for you?

	Beginner Kite Skills (comprising of Levels 1 & 2)		Intermediate
	Level 1 – Intro to kite Flying	Level 2 – Intro to the board	
Duration	5 days		2 days
Assumed knowledge	None	Level 1 Parts 1 - 4	Level 2 Parts 1 - 4
Course content	P1 – Basic Kite handling P2 – Water based flying P3 – Bring on the power and basic body dragging P4 - Directional an upwind body dragging, going the right way, balance body dragging.	P1 – Intro to boards and board start technique P2 – First Board Starts P3 – First rides including prolonged power delivery P4 – Independent Kite surfing – Kite surfing with others.	Intermediate classes are for kite surfers that are riding along confidently and now want to master some more advanced techniques and tricks. Some examples of what we will cover are: advanced equipment tuning, upwind and light wind riding techniques, turning and carve turns, toe-side riding, pop, first jumps.
Ability after course	Assessing land & water based sites. Knowledge of the wind window Able to Rig kites Understanding of release mechanisms and when to use Intro to essential communication signals Recover kite from a single line and re launch techniques Powering kite up in specific directions 4 x body dragging techniques One handed flying technique	Able to perform a controlled board start using power generated by the kite (Power stroke) Completion of initial rides across the wind, developing technique to prolong rides to become an independent kite surfer.	As above

KITE SKILLS

A course for complete beginners

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
KS01/17	1-5 May	5 days	£100	
KS02/17	19-23 Jun	5 days	£100	
KS03/17	3-7 Jul	5 days	£100	
KS04/17	14-18 Aug	5 days	£100	
KS05/17	11-15 Sep	5 days	£100	
KS06/17	9-13 Oct	5 days	£100	

INTERMEDIATE

Once you are up and riding this is the course that will get you going up wind and doing more advanced manoeuvres

KS07/17	1-5 May	5 days	£50	
KS08/17	19-23 Jun	5 days	£50	
KS09/17	3-7 Jul	5 days	£50	
KS10/17	14-18 Aug	5 days	£50	
KS11/17	11-15 Sep	5 days	£50	
KS12/17	9-13 Oct	5 days	£50	

Marine Radio (SRC)

The Short Range Certificate (SRC) is the minimum qualification required by law to control the operation of VHF and VHF Digital Selective Calling (DSC) equipment on any British flagged vessel voluntarily fitted with a radio. This includes both fixed and hand held equipment using International channels.

A radio is an important piece of safety equipment on board and it is vital to understand the correct procedures. Unnecessary transmissions could block out a Mayday distress call.

All new VHF sets are either fitted, or can be interfaced, with DSC allowing calls to specific vessels. This can be done by attending this course.

The course will be taught using radio simulators and will be examined by a short written test and practical assessment.

MARINE RADIO VHF (SRC)		<i>For anyone who owns a fixed or hand-held marine VHF radio.</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
VHF01/17	9/10 Mar	2 day	£100	
VHF02/17	25/26 May	2 day	£100	
VHF03/17	19/20 Aug	2 day	£100	
VHF04/17	31 Aug/1 Sep	2 day	£100	
VHF05/17	8/9 Sep	2 day	£100	
VHF06/17	13/14 Oct	2 day	£100	

RYA First Aid

Our one-day course covers all the usual first aid subjects, but from a boating perspective. It is aimed at anyone who goes afloat, whether on inland waters, rivers, and estuaries or on cross channel passages.

In a medical emergency, a little first aid knowledge and immediate action can save lives, especially in remote locations. This one-day course is designed to provide a working knowledge of first aid for people using small craft and to support skippers. It fulfils the requirements for:

Professional skippers of small craft working within 60 miles of a safe haven, including boat-masters.

The course is recommended by the MCA and HSE.

The subjects specific to boating include:

The recovery position in a confined space

CPR, including the drowning protocol

Cold shock and hypothermia from immersion and/or exposure

Seasickness and dehydration

Medical assistance or advice by VHF

Helicopter rescue

RYA FIRST AID		<i>Our one-day course covers all the usual first aid subjects, but from a boating perspective. It is aimed at anyone who goes afloat, whether on inland waters, rivers, estuaries or on cross channel passages.</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
FA01/17	8 Mar	1 day	£40	
FA02/17	24 May	1 day	£40	
FA03/17	17 Jun	1 day	£40	
FA04/17	31 Aug	1 day	£40	
FA05/17	16 Sep	1 day	£40	
FA06/17	11 Oct	1 day	£40	

INSTRUCTOR TRAINING

Which Instructors course?

DINGHY INSTRUCTOR TRAINING

Instructors teaching the National Sailing Scheme need to be qualified for the type of boat in which they teach, ie dinghies, small keelboats or multihulls.

Role

The instructor is a competent, experienced sailor capable of sailing a training boat in strong winds and handling small powerboats. The instructor has been assessed as competent to teach adults and children, beginners and improvers. Although responsible for teaching individuals and small groups, the instructor has not been assessed as competent in running a sailing centre, and should always work under the supervision of an RYA Senior instructor (for dinghy and multihull courses) or the chief instructor of a keelboat training centre.

Eligibility

Prior to the course candidates must fulfill the following requirements:

- Minimum age 18;
- Valid first aid certificate
- RYA Powerboat Level 2 certificate
- RYA Safe and Fun certificate
- Pre-entry sailing assessment completed within 1 year prior to the instructor training course.

DINGHY INSTRUCTOR			<i>Instructors teaching the National Sailing Scheme need to be qualified for the type of boat in which they teach, ie dinghies, small keelboats or multihulls.</i>		
Course Number:	Pre-entry assessment date:	Course Dates:	Duration:	Costs:	Remarks:
		20-24 Mar	5 days		Held at RNSC, Whale Island. Contact Clive Grant for details at 11X-ASACoach@mod.uk
DI01/17	6 Oct	16-20 Oct	5 days	£50	
INSTRUCTOR ENDORSEMENTS			<i>To enable instructors to teach the National Sailing Scheme in keelboats or multi-hulls.</i>		
DI02/17	Keelboat	15/16 Mar	2 days	£25	
DI03/17	Multi-hull	24/25 Jun	2 days	£25	

ADVANCED INSTRUCTOR TRAINING

The advanced instructor is an experienced instructor with a wide background of sailing experience who has been trained to teach the Performance Sailing and Sailing with Spinnakers courses.

Eligibility

Candidates must hold the RYA instructor certificate and will usually have recorded at least one season's experience of teaching sailing since qualifying. Candidates will be skilled to at least the level of the Performance Sailing and Sailing with Spinnakers courses and should have previous powerboat handling experience in a teaching environment.

NOTE: Membership of the RYA (or the National Governing Body for your boating activity in your country of residence) is required to qualify or revalidate as an RYA instructor.

Training

This is a two-day course covering the teaching a boat handling, the use of spinnakers and 5 essentials coaching to the required standard, as well as powerboat driving.

Assessment

Candidates will be assessed on a continuous basis afloat, and may be given a theory test. Upon successful completion of the course, the Coach/Assessor will sign their logbooks.

ADVANCED DINGHY INSTRUCTOR

To enable instructors to teach Performance Sailing and Sailing with Spinnakers

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
DI04/17	24/25 Jun	2 days	£25	

SENIOR DINGHY INSTRUCTOR TRAINING

The Senior Instructor (SI) is an experienced instructor who has been assessed as competent to organise and manage courses within the RYA's Sailing Scheme.

Senior Instructors are qualified to organise and control group sailing tuition and to supervise and assist instructors. SIs must be confident, competent managers, capable of organising groups of all ages and directing the work of their instructors.

An RYA recognised dinghy/keelboat/multihull training centre must have a current SI as its Principal or chief sailing instructor, though a Yachtmaster™ instructor may fulfil this role in a keelboat centre.

Eligibility

Candidates must first be an RYA dinghy instructor and must fulfil the following criteria prior to the SI course:

Minimum age 18;

Dinghy Senior Instructor: At least two years intermittent or one year full time instructing since qualifying as an RYA Dinghy or Multihull Instructor

Keelboat Senior Instructor: At least two years intermittent or one year full time instructing since qualifying as an RYA Keelboat Instructor

RYA Safety Boat certificate*

Valid first aid certificate

RYA Safe and Fun certificate

Signed recommendation from the Principal of an RYA recognised Training Centre (see G14/05)

Sailing ability to at least the standard of RYA Instructor (an assessment may be necessary if sailing ability cannot be adequately demonstrated during the training course).

DINGHY SENIOR INSTRUCTOR

The Senior Instructor (SI) is an experienced instructor who has been assessed as competent to organise and manage courses within the RYA's Sailing Scheme.

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
	22-28 Apr	7 days		Held at RNSC, Whale Island. Contact Clive Grant for details at 11X-ASACoach@mod.uk

POWERBOAT INSTRUCTOR TRAINING

The Powerboat Instructor is a competent, experienced powerboater who has been trained to teach powerboating up to Level 2 under the supervision of the Principal or Chief Instructor of a recognised centre.

Eligibility Candidates should have logged at least five seasons' experience of powerboating, preferably in a range of boat types and sizes. For those who use powerboats as an integral part of their normal full-time occupation, this period is reduced to one season. Candidates will hold the RYA's Level 2 powerboat certificate, RYA Safe and Fun certificate and a valid RYA first aid certificate

Prior to the instructor training course, candidates must attend a skills assessment.

Training Candidates will attend a three-day instructor course run by an RYA Powerboat Trainer and assessed by an independent Trainer. The course will consist of: principles of practical instruction, lesson planning, teaching styles, use of questioning, preparation and use of visual aids, assessment of students' learning, explanation and presentation of theory subjects, the structure of the scheme, planning progressive teaching sessions, preparation of boats and equipment, teaching methods to RYA Level 2.

POWERBOAT INSTRUCTOR			<i>The Powerboat Instructor is a competent, experienced powerboater who has been trained to teach powerboating up to Level 2 under the supervision of the Principal or Chief Instructor of a recognised centre.</i>		
Course Number:	Pre-entry assessment date:	Course Dates:	Duration:	Costs:	Remarks:
	10 Apr	11-13 Apr	3 days		Held at RNSC, Whale Island. Contact Clive Grant for details at 11X-ASACoach@mod.uk
PBI01/17	16 Oct	17-20 Oct	3 days	£100	

ADVANCED POWERBOAT INSTRUCTOR TRAINING

Existing powerboat instructors wishing to teach the advanced course must hold that level of certificate themselves, gained by taking the two-day course.

The advanced instructor course lasts two days and the minimum age is 18. It is run by an RYA Powerboat Trainer.

Existing powerboat instructors wishing to teach the Intermediate and Advanced courses must hold the RYA Safe and Fun certificate, Advanced Course Completion Certificate, the Advanced Certificate of Competence and attend a two-day advanced instructor endorsement course.

Please note that if you will be teaching the advanced course on board a boat that is subject to the MCA's codes of practice, you should hold a commercially endorsed advanced powerboat certificate.

POWERBOAT ADVANCED INSTRUCTOR		<i>Existing powerboat instructors wishing to teach the advanced course must hold that level of certificate themselves, gained by taking the two-day course.</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
PBI02/17	6/7 Feb	2 days	£100	Held at the AOSC booked through AISTC(S)
PBI03/17	7/8 Nov	2 days	£100	Held at the AOSC booked through AISTC(S)

START WINDSURFING INSTRUCTOR TRAINING

RYA Start Windsurfing instructors are qualified to teach the Start Windsurfing course and Stages 1 and 2 of the Youth Windsurfing Scheme under the supervision of a senior instructor.

Eligibility

RYA Membership
 Minimum age 16
 Intermediate non-planing certificate with beach starting and non-planing gybe clinics
 RYA Powerboat level 2 certificate
 RYA Safe and fun certificate
 Valid RYA first aid qualification

WINDSURFING START INSTRUCTOR

RYA Start Windsurfing instructors are qualified to teach the Start Windsurfing course and Stages 1 and 2 of the Youth Windsurfing Scheme under the supervision of a senior instructor.

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
WSI/01/17	26-30 Jun	5 days	£50	
WSI/02/17	18-22 Sep	5 days	£50	

INTERMEDIATE WINDSURFING INSTRUCTOR TRAINING

RYA Intermediate windsurfing instructors are qualified to teach the Intermediate course and Youth Windsurfing Scheme under the supervision of a senior instructor.

The Intermediate course and instructor training is assessed in two competencies, non-planing and planing, and is the first instructor course to incorporate the new Fastfwd coaching tool.

Eligibility for Intermediate non-planing instructors

Minimum age 18
 Start windsurfing instructor
 Intermediate certificate plus beach starting and non-planing carve gybe clinics
 RYA Powerboat level 2 certificate
 RYA Safe and Fun certificate
 Valid first aid certificate [click here for a list of acceptable first aid certificates.](#)
 Evidence of 50 hours logged as a Start windsurfing instructor

Eligibility for Intermediate planing instructors

In addition to the prerequisites listed for the Intermediate non-planing instructor the following prerequisites are required:
 Advanced certificate with waterstart and carve gybe clinics
 Evidence of 50 hours logged as a Start windsurfing or Intermediate non-planing instructor

WINDSURFING INTERMEDIATE INSTRUCTOR

RYA Intermediate windsurfing instructors are qualified to teach the Intermediate course and Youth Windsurfing Scheme under the supervision of a senior instructor.

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
WSI/03/17	18-21 Sep	4 days	£50 + Pubs	

WINDSURFING ADVANCED INSTRUCTOR TRAINING

RYA advanced windsurfing instructors are qualified to teach the Advanced course and all stages of the Youth Windsurfing Scheme under the supervision of a senior instructor.

The Advanced Instructor course has a clinic-based approach, appealing to a wider spectrum. The core content of the instructor course enables instructors to teach the main advanced course in the scheme. In addition, instructors can be assessed during the course to enable them to teach further advanced clinics in advanced carving skills and bump and jump.

Eligibility

Intermediate planning instructor:

Minimum age 18

Minimum of a very competent Advanced certificate holder plus clinics in waterstarting and carve gybing

RYA Powerboat level 2 certificate

Valid first aid qualification

RYA Safe and Fun certificate

Evidence of 100 hours logged as an Intermediate planning instructor

WINDSURFING ADVANCED INSTRUCTOR

RYA advanced windsurfing instructors are qualified to teach the Advanced course and all stages of the Youth Windsurfing Scheme under the supervision of a senior instructor.

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
WSI/04/17	24-28 Apr	5 days	£50 + Pubs	

WINDSURFING SENIOR INSTRUCTOR TRAINING

The Senior Instructor (SI) is an experienced instructor who has been assessed as competent to organise and manage courses within the RYA's Windsurfing Scheme. They are qualified to organise and control group windsurfing tuition and to supervise and assist instructors.

SIs must be confident, competent managers, capable of organising groups of all ages and directing the work of their instructors.

An RYA recognised windsurfing training centre must have a current SI as its Principal or chief windsurfing instructor.

Qualities of an SI

A safe teacher; working within a known environment; a good leader; capable of working to a high level within any teaching establishment almost seeing problems before they occur.

SIs must also have the objectivity required for conducting assessments and the interpersonal skills needed to debrief unsuccessful students effectively and tactfully in a good manner.

Eligibility ☐ Candidates must first be an RYA start windsurfing instructor and must fulfill the following criteria prior to the SI course:

Minimum age 18;

Evidence of two seasons full-time instructing as an RYA Windsurfing Start Instructor.

Recommendation by a Principal of a Recognised Training Centre.

A valid first aid qualification

RYA Safety boat certificate

RYA Safe and Fun certificate

WINDSURFING SENIOR INSTRUCTOR

The Senior Instructor (SI) is an experienced instructor who has been assessed as competent to organise and manage courses within the RYA's Windsurfing Scheme. They are qualified to organise and control group windsurfing tuition and to supervise and assist instructors.

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
WSI/05/17	18 – 21 Apr	4 days	£50 + Pubs	

BKSA KITE SURFING INSTRUCTOR TRAINING

All Kite Surfing Instructor Training Courses (ITC) are run in conjunction by or at BKSA Recognised schools. The instructor training has been structured to be delivered in a modular bases, which means you may build up to your full qualification over a period of time and taking into account prior experience and qualifications. The Instructor award is a 3 year appointment. On completion of the course and relevant action plan met after the course full instructor status is granted.

The instructor is required to teach within a BKSA recognised school.

An instructor can teach up to 4 students with two kites on the water once registered.

An instructor can teach up to and including intermediate levels, equipment tuning, improving technique, riding upwind, transitions and basic jumping.

Eligibility

Valid BKSA membership

Shadow teaching x 10 hours

Riding Competency verified by a BKSA Senior Instructor

RYA Powerboat level 2

Valid RYA First Aid Certificate

KITE SURFING INSTRUCTOR COURSES

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
KSI01/17	1-5 May	5 day	£100	
KSI02/17	11-15 Sep	5 day	£100	

BKSA SENIOR KITE SURFING INSTRUCTOR TRAINING

All Kite Surfing Instructor Training Courses (ITC) are run in conjunction by or at BKSA Recognised schools. The instructor training has been structured to be delivered in a modular bases, which means you may build up to your full qualification over a period of time and taking into account prior experience and qualifications. The Senior Instructor award is a 3 year appointment. On completion of the course and relevant action plan met after the course full instructor status is granted.

The Senior Instructor is required to teach within a BKSA recognised school.

A Senior Instructor can teach up to 4 students with two kites on the water once registered.

A Senior Instructor can coach advanced techniques.

Eligibility

Valid BKSA membership

Shadow teaching x 12 hours

Riding competency verified by a BKSA Instructor

RYA Powerboat L2

Valid first aid certificate

150 Hours of logged teaching hours as an Instructor in a BKSA recognised school

Minimum 6 months as a valid BKSA instructor

KITE SURFING SENIOR INSTRUCTOR COURSES

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
KSI03/17	TBC	2 day	£50	

AISTC(S) – APPLICATION FOR A COURSE

Available via

www.sailarmy.co.uk